



*Virtual Event

SLC3 EVENT
2.10.22
 8-9:30 a.m.
PDH/LU FORM



**SAFETY FORUM:
 A COLLABORATIVE CONVERSATION ON
 MENTAL HEALTH IN CONSTRUCTION**

Sponsored by:



PROGRAM SUMMARY

Mental health is vital in all industries, but within the construction industry it's even less welcome to acknowledge yet it's importance and impact significant. Cal Beyer will define mental well-being vs. mental illness and its role in our industry. We have invited a panel of speakers with various experiences and best practices. Our goal is to provide collaborative discussions and sharing knowledge on the importance of well-being programs from leading experts. Cal will close by explaining the benefits of implanting a wellness program for all employees.

Name: _____
 The above attended this program and qualifies for either:

- >1.5 Professional Development Hour (PDH) for Professional Engineers under Missouri statutes
- > 1.5 Learning Unit (LU) through the American Institute of Architects.

MODERATOR

MICHAEL HARGRAVE, MA
 Construction Safety Manager | BJC Healthcare



MEET OUR SPEAKERS

CSDZ

CAL BEYER, CWP, SCTPP
 VP, Workforce Risk and Worker Wellbeing



PARIC

SHANNON NILES, CSP, ASP, CHST
 Safety Director



MURPHY COMPANY

RICKY REAMS, SMS
 Vice President Safety and Quality



ALBERICI CONSTRUCTORS

BO COOPER, CSP
 Safety Director



AGENDA:

- 8:00 a.m. Program/Emcee (*Michael Hargrave*)
- 8:10 a.m. A Message From Shannon Niles
- 8:15a.m. Defining Mental Health & Well Being (*Cal Beyer*)
- 8:35 a.m. Panel Impact Stories Discussion (*Ricky Reams, Shannon Niles, Bo Cooper*)
- 9:05 a.m. Benefits of Wellness Program (*Cal Beyer*)
- 9:15 a.m. Q&A
- 9:30 a.m. Closing Remarks

PDH/LU Also available online at slccc.net under resources.

ST. LOUIS COUNCIL OF CONSTRUCTION CONSUMERS

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